

PREVENTIVE MEDICINE AND OCCUPATIONAL HEALTH TRAINING COURSES 2000





















A catalog of courses offered in the Pacific by: NEPMU 5, San Diego, CA NEPMU 6, Pearl Harbor, HI NDVECC, Bangor, WA

DEPARTMENT OF THE NAVY

NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT 5 3235 ALBACORE ALLEY, SAN DIEGO, CA 92136-5199 NAVY ENVIRONMENTAL AND PREVENTIVE MEDICINE UNIT 6 1215 NORTH ROAD, PEARL HARBOR, HI 96860-4477 NAVY DISEASE VECTOR ECOLOGY AND CONTROL CENTER 19950 SEVENTH AVENUE NE, SUITE 201, POULSBO, WA 98370-7405

NEPMU-5 NEPMU-6 NDVECC 1500 1500 1500

Ser 274 Ser TR70/278 Ser 04/711 23 JUN 99 23 JUN 99 23 JUN 99

JOINT LETTER

From: Officer in Charge, Navy Environmental and Preventive Medicine

Unit 5, San Diego

Officer in Charge, Navy Environmental and Preventive Medicine

Unit 6, Pearl Harbor

Officer in Charge, Navy Disease Vector Ecology and Control

Center, Bangor

All Hands To:

Subj: FY00 COURSE CATALOG

- This catalog is updated and published annually to provide opportunities to broaden knowledge and maintain certification for personnel of the fleet, Fleet Marine Force and shore activities in the Pacific operating area.
- The courses are targeted to a variety of personnel. Preventive Medicine Technicians, Mess Management Specialists, Water Kings, Food Service Workers, Medical Department Representatives and Medical Officers would find many of the Preventive Medicine classes beneficial. Occupational Health courses are geared toward Safety Petty Officers, personnel responsible for monitoring potential environmental hazards, and Medical Department Representatives. Pest Management training is directed to personnel requiring DOD certification.
- 3. Each of us is committed to assisting you in maintaining readiness standards through training, consultation, and technical expertise. We encourage your attendance and feedback.

JOBERON !

ABreal Willows J. R. BEDDARD H. J. BEECHAM III

ACKNOWLEDGEMENTS

The following individuals and institutions are gratefully acknowledged for their dedication and efforts in compiling this edition of "Preventive Medicine and Occupational Health Training Courses FY-00": HM3 J. Church, HM1 M. Elam (also for cover design), HMC S. Berry, and Dr. W. Tozer (final editor), NDVECC, Bangor, WA; Mr. B. Landis, NEPMU-6, Pearl Harbor, HI; Mr. A. Tirado, NEPMU-5, San Diego, CA. Cover photos: U.S. Navy, U.S. Marine Corps and U.S. Coast Guard.

TABLE OF CONTENTS

General Information	on	1
CANTRAC Courses		
B-322-1050	Pest Management - Medical Entomology and Pest Management	
	Technology (Reserve)	
B-322-1070	Pest Management - Core: Basic Pest Management Technology	
B-322-1071	Pest Management - Plant Pest and Vegetation Management	
B-322-1072	Pest Management - Arthropod and Vertebrate Pest Management	
B-322-1074	Pest Management - DOD Pest Management Recertification	4
B-322-1075*	Pest Management - Shipboard Pest Management	4
B-322-1077	Pest Management - Operational Entomology Training	
B-322-2001	Managing a Respiratory Protection Program	5
B-322-2003	Infectious Disease Countermeasures for Deployed Forces	5
B-322-2101	Food Safety Supervisor/Manager Certification	
B-322-2103	Food Sanitation Training Basic Refresher	
B-322-2105	Enlisted Dining Facility Master-At-Arms Sanitation	
B-322-2120*	Water Sanitation Afloat	
B-322-2130*	Marine Sanitation Devices, Health Aspects of	
B-322-2203*	Immunizations and Prophylaxis	
B-322-2209*	Malaria Prevention and Control	
B-322-2210*	Malaria, Laboratory Identification	9
B-322-2220	Sexually Transmitted Disease: Epidemiology, Diagnosis,	
	Treatment and Interviewing Techniques	9
B-322-2221	Sexually Transmitted Diseases: Laboratory Procedures	
	and Diagnosis	
B-322-2240*	Hepatitis, Viral	
B-322-2241	Tuberculosis Control Program	
B-322-2306	Industrial Hygiene Techniques/Workplace Monitoring	11
B-322-2308	Spirometry: Pulmonary Function Screening in the	
	Occupational Medicine or Outpatient Setting	
B-322-2310	Hearing Conservation Afloat	
B-322-2320	Heat Stress Afloat	13
B-322-2330	Asbestos and Other Thermal Insulation, Health	
	Effects/Control of	
B-322-2332	Lead Hazards and Control	
B-322-2333	Sampling and Evaluating Airborne Asbestos Dust (NIOSH 582)	
B-322-2334	Analysis of Bulk Asbestos Samples	
B-322-2340	Respiratory Protection, Fundamentals of	15
B-322-2351	Respiratory Protection Program: Fundamentals and Program Management	1 6
B-322-2365	Hazardous Material Awareness/Control	
B-322-2503 B-322-2503	Water Analysis Membrane Filter Technique and ONPG-MUG Test	
B-322-2503 B-322-2590	Laboratory Indoctrination/Refresher	
B-322-259U	Dabotatory Indoctrination/Refresher	Τ (

Preventive Medicine and Occupational Health Training Courses FY-00

Non-	CANT	RAC	Cour	ses
------	------	-----	------	-----

PMT/IDC Workshop	17
Operational Preventive Medicine Course	
** Introduction to Medical Management of Chemical, Biological, Radiological and Environmental Casualties Course	18
** Medical Management of Chemical, Biological, Radiological and Environmental	
Casualties Course	
Malaria Prevention and Control for Operations in SE Asia	18
* Continuing Education Credits for Independent Duty Corpsman - see course descriptions	
** Continuing Education Credits - see course description	
Additional Resources	19
Area Maps	-22
Monthly Planning Calendars	-34

General Information

<u>HOW TO USE THIS CATALOG</u>: Information on each course includes prerequisites, course descriptions, certification awarded, student population, convening dates and times at each activity. Additionally, the Catalog of Navy Training Courses (CANTRAC) can be accessed via internet at http://www2.cnet.navy.mil

TO REQUEST QUOTAS: Reserve quotas from the respective quota control activity by letter, message, phone, FAX or e-mail, as appropriate:

1. Officer in Charge Comm: (619) 556-7086

Navy Environmental and Preventive Medicine Unit 5 DSN: 526-7086

3235 Albacore Alley Comm FAX: (619) 556-7071

ATTN Training Department DSN FAX: 526-7071

San Diego, CA 92136-5199 Message PLAD: NAVENPVNTMEDU FIVE SAN DIEGO CA E-mail: nepmu5@nepmu5.med.navy.mil

Web site: http://trout.nosc.mil/~nepmu5

2. Officer in Charge

Navy Environmental and Preventive Medicine Unit 6

1215 North Road, Bldg 1535 Comm FAX: (808) 473-2754

Pearl Harbor, HI 96860-4477 DSN FAX: (315) 473-2754

Message PLAD: NAVENPVTMEDU SIX PEARL HARBOR HI

E-mail: training@nepmu6.med.navy.mil

Web Site: http://nepmu6.med.navy.mil

Forward the following information to reserve a quota: Course desired, course date, branch of service, rate/rank, full name, unit/command, mailing address, phone number, and E-mail address.

3. Officer in Charge

Comm: (360) 315-4450

Navy Disease Vector Ecology and Control Center DSN: 322-4450

Comm FAX: (360) 315-4456

19950 7th Ave NE, Suite 201 Poulsbo, WA 98370-7405

Message PLAD: NAVDISVECTECOLCONCEN BANGOR WA

E-mail: postmaster@ndvecc.navy.mil

TO CANCEL A QUOTA: If students are unable to fill a requested quota, please notify the training activity as soon as possible.

<u>UNIFORM</u>: Appropriate uniform of the day is required for all military personnel. Course description will advise of special clothing needs. Appropriate civilian attire is required for civilians.

<u>Orders</u>: TAD orders are not required for personnel to attend classes. The parent command should retain service, health and pay records. If messing/berthing is desired, parent commands are recommended to issue orders as follows:

- <u>NEPMU-5</u>: Orders direct student to report to Officer in Charge at above address. The student must report to Personnel Support Detachment, Bldg. 56, Window 1 for TAD under instruction. Berthing and messing are available on and off-base.
- <u>NEPMU-6</u>: Orders direct student to report to Officer in Charge, NEPMU-6, 1215 North Road, Bldg 1535, Pearl Harbor, HI 96860-4477.
- MDVECC: Orders direct student to report to Officer in Charge at above address. During working hours, student will report directly to NDVECC in the uniform of the day. After working hours and on weekends, leave a message on the Center's voicemail, listed above. Report the following working day prior to 0700 to Officer in Charge.

B-322-1050 Pest Management - Medical Entomology and Pest Management Technology

(Reserve)

Reference: DoDINST 4150.7, DoD 4150.7-P

Prerequisites: None

Certifications: None, except for PMTs under special circumstances.

Rates/Ranks: Reserve personnel on active duty for 14 days training.

Description: This two-week course is designed to acquaint reserve personnel with

the biology and control of medically important arthropods and with the epidemiology of diseases arthropods transmit. This survey

course does NOT lead to certification, but satisfies all

prerequisites required to attend Operational Entomology Training (B-322-1077). However, upon approval from NDVECC, this course allows Preventive Medicine Technicians whose certifications have elapsed to be initially certified as DOD Pesticide Applicators in

Category 8 - Public Health.

Availability: NDVECC - Bangor

12 - 23 Jun 00

CIN COURSE TITLE

B-322-1070 Pest Management - Core: Basic Pest Management Technology

Reference: DoDINST 4150.7, DoD 4150.7-P

Prerequisites: Successful completion of the US Navy's "Basic Pest Control

Technology" (NTTC 151) or the US Air Force's "Pest Management

Specialist" (CDC 56650) correspondence courses.

Certifications: None, except for PMTs under special circumstances.

Rates/Ranks: Reservists, Seabees, and personnel of the Federal Aviation

Administration, Department of the Interior, National Park Service

and Department of Defense.

Description: This nine-day course provides core material for DoD certification

for the Pesticide Applicators series (see B-322-1071 and B322-1072). It is designed for military and civilian personnel engaged

in pest control operation at military activities. It covers pesticide laws, regulations, toxicology, safety and use and

maintenance of equipment. Work uniforms are recommended for field

equipment sessions.

Availability: NDVECC - Bangor

12 - 22 Sep 00

B-322-1071 Pest Management - Plant Pest and Vegetation Management

Reference: DoDINST 4150.7, DoD 4150.7-P

Prerequisites: Successful completion of Core: Basic Pest Management Technology

(B-322-1070).

Certifications: Certified DoD Pesticide Applicator (in the categories listed

below), valid for 3 years.

Rates/Ranks: Reservists, Seabees, and personnel of the Federal Aviation

Administration, Department of the Interior, National Park Service

and Department of Defense.

Description: When taken in conjunction with the Core course, this four-day

course provides Pesticide Applicator Certification Training in the categories of Ornamental and Turf, Aquatic, and Right-of-Way Pest

Control.

Availability: NDVECC - Bangor

22 - 27 Sep 00

CIN_____ COURSE TITLE

B-322-1072 Pest Management - Arthropod and Vertebrate Pest Management

Reference: DoDINST 4150.7, DoD 4150.7-P

Prerequisites: Successful completion of Core: Basic Pest Management Technology

(B-322-1070).

Certifications: Certified DoD Pesticide Applicator (in the categories listed

below), valid for 3 years.

Rates/Ranks: Reservists, Seabees, and personnel of the Federal Aviation

Administration, Department of the Interior, National Park Service

and Department of Defense.

Description: When taken in conjunction with the Core course, this seven-day

course provides Pesticide Application Certification in the categories of Public Health and Institutional, Structural and

Health Related Pest Control.

Availability: __NDVECC - Bangor_

27 Sep - 06 Oct 00

COURSE TITLE CIN

B-322-1074 Reference: Prerequisites: Pest Management - DOD Pest Management Recertification DoDINST 4150.7, DoD 4150.7-P, BUMEDINST 6250.12 series

Previous DoD Pesticide Applicator Certification in Public Health

Pest Control

Certifications: Rates/Ranks:

Re-certification as DoD Pesticide Applicator

Description:

This four-day course is designed to re-certify PMTs as DoD Pesticide Applicators in Public Health. PMTs must be re-certified every three years. The curriculum includes refresher information and updates on current federal regulations; vector identification, survey and control, including chemical and non-chemical methods; and hands-on pesticide dispersal equipment training.

Recertification in Category 8 can also be attained through the

Operational Entomology Course (B-322-1077).

Availability:

NEPMU-6 (NAVFACENGCOM), Pearl Harbor NDVECC - Bangor 19 - 22 Oct 99 07-10 Dec 99

11 - 14 Jan 00 22 - 25 Aug 00 12 - 15 Dec 00

CIN COURSE TITLE_

B-322-1075

Pest Management - Shipboard Pest Management OPNAVINST 6250.4 series, BUMEDINST 6250.15

Reference: Prerequisites: Certifications:

None

20.0 Continuing Education Credits for Independent Duty Corpsman Medical Department personnel who successfully complete both the classroom and field training portions of the course will be issued a Shipboard Pest Control Certificate (NAVMED 6250/1), which will qualify them to conduct shipboard pest control operations. Supply and Food Service personnel cannot be certified to apply pesticides, but will receive a certificate of course completion.

Rates/Ranks:

Senior Enlisted MDRs, and other HMs. Supply and Food Service Officers, Senior MSs, Watch Captains, MAAs and other personnel responsible for food handling and storage are encouraged to attend the one-day classroom sessions.

Description:

This one-day classroom and one-half day field course fulfill annual requirements for shipboard pest control certification. Training includes proper survey and control of shipboard pests, application and use of personal protective equipment. Follow-on hands-on shipboard field training with emphasis on correct and safe use of pesticides and related equipment is required before certification can be granted.

Availability:

NDVECC - Bangor					_N	EPMU-	-5 ((0730-	-1530))		NI	EPMU-	-6_	
27	Oct	99	05	Jan	00	04	Oct	99	03	Apr	00	1	.3	Oct	99
01	Mar	00	03	May	00	06	Dec	99	05	Jun	00	1	9	Jan	00
05	Jul	00	06	Sep	00	07	Feb	00	07	Aug	00	1	2	Apr	00
01	Nov	00										1	9	Jul	00

COURSE TITLE CIN

B-322-1077 Pest Management - Operational Entomology Training

BUMEDINST 5450.157, OPNAVINST 6250.4 series Reference:

Personnel who have completed Reserve Course (B-322-1050) or whose Prerequisites:

mobilization billets are related to preventive medicine.

Certifications: Re-certification for DoD Pesticide Applicators in the category of

Public Health Pest Control

PMTs, Entomologists, Epidemiologists, Environmental Health Officers Rates/Ranks:

and reservists.

This two-week advanced preventive medicine course in applied Description:

> vector-borne disease control in disaster relief, combat, and other contingency operations. It covers contingency planning and problem

solving, vector-borne disease profiles, emergency survey and control procedures, and deployment scenarios. Students should

bring appropriate field clothing (Cammies, BDUs, etc.).

Availability: NDVECC - Bangor

12 - 23 May 00 (Okinawa, JA)

COURSE TITLE CIN

B-322-2001 Managing a Respiratory Protection Program

NEPMUs no longer offer this course. NAVOSH and Environmental Training Center provides a two-day Respiratory Protection Officer Course, (A-4J-0082). For quotas or additional information contact:

NAVOSH and Environmental Training Center, Norfolk, VA

DSN: 565-8778

Comm: (757) 445-8778 FAX: (757) 445-0456

CIN COURSE TITLE_

B-322-2003 Infectious Disease Countermeasures for Deployed Forces

Reference: P-5058, Control of Communicable Disease Manual

Prerequisites: None Certifications: None

Rates/Ranks: HMs and Medical Officers

Description: Familiarization with information sources regarding threats

> encountered on deployment. The student will utilize instructions, manuals and the NEPMU support structure to develop and implement infectious disease countermeasures and a training program in health security. Screening for high-risk behaviors and basic intervention

techniques will also be covered.

Availability: NEPMU-6

Upon request by e-mail at epi@nepmu6.med.navy.mil or online at

CIN

COURSE TITLE

B-322-2101 Reference: Prerequisites:

Food Safety Supervisor/Manager Certification SECNAVINST 4061.1 series, NAVMED P-5010-1 and NAVSUP 520

Prospective students must possess above average reading and writing

skills.

Certifications: Rates/Ranks:

Food Safety Supervisor/Manager certification good for 3 years Medical and Senior level persons in charge of food employees (E-5 and above) who will utilize their knowledge to set up and conduct basic and refresher food sanitation training programs at their respective commands. Personnel in need of recertification should attend the entire 18-hour course.

Description:

Topics covered will include causes and prevention of food-borne illness, sanitary standards for facilities, equipment and utensils, proper food preparation and handling practices, HACCP, health standards for food employees, food inspection and storage, pest control, basic instructor techniques, facility inspection guidelines, and a discussion of current problems in food sanitation aboard ships.

Availability:

NEPMU-6	NEPMU-5	(0730-1530)
25 - 29 Oct 99	18 - 20 Oct 99	17 - 19 Apr 00
07 - 11 Feb 00	15 - 17 Nov 99	15 - 17 May 00
24 - 28 Apr 00	10 - 12 Jan 00	17 - 19 Jul 00
24 - 28 Jul 00	14 - 16 Feb 00	28 - 30 Aug 00
	06 - 08 Mar 00	25 - 27 Sep 00
	27 - 29 Mar 00	

CIN COURSE TITLE_

B-322-2103

Food Sanitation Training Basic Refresher SECNAVINST 4061.1 series, NAVMED P-5010-1

Reference: Prerequisites:

Certifications: Rates/Ranks:

Food Service Sanitation Training certification; good for one year Required training for all personnel working in a food service area for more than 29 days

Description:

This half-day course covers sanitation involved in all aspects of food procurement, preparation, and service.

Availability:

NEPMU-6

Upon request by e-mail at eh@nepmu6.med.navy.mil or online at http://nepmu6.med.navy.mil

B-322-2105 Enlisted Dining Facility Master-At-Arms Sanitation

NAVSUP 520, NAVMED P5010-1 Reference:

Prerequisites: Certifications: None

Personnel assigned duties of Mess Deck Master-at-Arms Rates/Ranks:

This half-day to one-day course covers principles of dining area, Description:

service line, dish washing, and waste disposal sanitation.

Provides overview of proper inspection techniques of both personnel and equipment. Dishwashing/scullery procedures and cleaning gear

maintenance are stressed.

Availability: NEPMU-6

Upon request by e-mail at eh@nepmu6.med.navy.mil or online at

http://nepmu6.med.navy.mil

CIN COURSE TITLE_

B-322-2120 Water Sanitation Afloat Reference:

NAVMED P5010-6 Prerequisites: None

6.0 Continuing Education Credits for Independent Duty Corpsman Certifications: Medical Department representatives, Water Kings, and personnel Rates/Ranks:

involved in potable water disinfection.

This half-day course covers bacteriological monitoring Description:

> requirements, introduction to water chemistry, bromine and chlorine treatments, hose handling, storage lockers, and superchlorination of tanks and equipment. Laboratory training for bacterial analysis

of potable water is available (Water Analysis Membrane Filter

Technique and ONPG-MUG Test, CIN: B-322-2503)

_NEPMU-5 (0730-1130)___ NEPMU-6 Availability:

> 13 Oct 99 12 Apr 00 Upon request by e-mail at 09 Jan 99 12 Jul 00 eh@nepmu6.med.navy.mil or

online at

B-322-2130 Marine Sanitation Devices, Health Aspects of

Reference: NAVMED P5010-7

Prerequisites: None

Certifications: 3.0 Continuing Education Credits for Independent Duty Corpsman
Rates/Ranks: Medical Department and involved Engineering Department personnel

Description: This half-day course covers health aspects and procedures

associated with marine sanitation devices, including

decontamination and proper safety procedures.

Availability: __NEPMU-5 (0730-1130)_ NEPMU-6

10 Nov 99 10 May 00 Upon request by e-mail at 09 Feb 00 09 Aug 00 eh@nepmu6.med.navy.mil

or online at

http://nepmu6.med.navy.mil

CIN_____ COURSE TITLE_

B-322-2203 Immunizations and Prophylaxis

Reference: NAVMEDCOMINST 6230.1A

Prerequisites: None

Certifications: 4.0 Continuing Education Credits for Independent Duty Corpsman

Rates/Ranks: HMs and Medical Officers

Description: This half-day course reviews and discusses all immunizations

required by Naval Medical Command, including changes to current

instructions.

Availability: NEPMU-5 (0730-1130) NEPMU-6 (0800-1130)

14 Oct 99 16 Nov 99 04 Apr 00 15 Feb 00 11 Jan 00 11 Jul 00

07 Jul 00

CIN COURSE TITLE

B-322-2209 Malaria Prevention and Control

Reference: BUMEDINST 6230.2 series, Navy Medical Department's "Guide to

Malaria Prevention and Control"

Prerequisites: None

Certifications: 3.0 Continuing Education Credits for Independent Duty Corpsman

Rates/Ranks: HMs and Medical Officers

Description: This half-day course updates shipboard Medical Department

representatives with the current malaria situation in WESTPAC. Personal protective measures and chemoprophylaxis are stressed. Course does not include laboratory diagnosis and identification of

malaria parasites.

Availability: NEPMU-5 (0730-1130) __NEPMU-6 (0800-1130)_

05 Nov 99* 18 Nov 99 06 Apr 00 17 Mar 00 13 Jan 00 13 Jul 00

04 Aug 00

*At Naval Hospital, Camp Pendleton

CIN_____ COURSE TITLE

B-322-2210 Malaria, Laboratory Identification

Reference: None Prerequisites: None

Certifications: 3.5 Continuing Education Credits for Independent Duty Corpsman

Rates/Ranks: HMs and Medical Officers

Description: This half-day course is designed for all MDRs deployed to WESTPAC

and the Indian Ocean areas who will perform lab tests and procedures. Training consists of lecture presentations,

demonstrations, and bench-top practical training. Prospective students are requested to contact the Microbiology Department in advance, so that we can tailor the class to meet student needs.

Availability: NEPMU-5 (1300-1530) _NEPMU-6 (1300-1630)_

05 Nov 99 18 Nov 99 06 Apr 00 17 Mar 00 13 Jan 00 13 Jul 00 04 Aug 00

CIN_____ COURSE TITLE

B-322-2220 Sexually Transmitted Disease: Epidemiology, Diagnosis, Treatment

and Interviewing Techniques

Reference: BUMEDINST 6222.10 series and NAVMED P-5036

Prerequisites: None Certifications: None

Rates/Ranks: Medical Department personnel

17 - 18 Aug 00

Description: This half-day to one-day course provides information on sexually

transmitted diseases (including AIDS), epidemiology, prevention, medical aspects, terms and techniques relating to the contact interview, the interview format and interview demonstrations.

Availability: NEPMU-5 (0730-1530) _NEPMU-6 (0800-1130)_

 100 - 10 Nov 99
 17 Nov 99
 05 Apr 00

 04 - 05 Apr 00
 12 Jan 00
 12 Jul 00

CIN_____ COURSE TITLE_

B-322-2221 Sexually Transmitted Diseases: Laboratory Procedures and Diagnosis

Reference: None
Prerequisites: None
Certifications: None
Rates/Ranks: HMs

Description: This half-day course provides current information on STDs and

laboratory tools to facilitate diagnosis, treatment and follow-up. Laboratory training is emphasized in identification of Neisseria gonnorrhoeae and syphilis serology. Course is designed for independent duty corpsmen with little lab training or experience. Prospective students are encouraged to contact the Microbiology Department in advance so the class can be tailored to meet student

needs.

Availability: NEPMU-5 (1300-1530) __NEPMU-6 (1300-1630)_

CIN COURSE TITLE

B-322-2240 Hepatitis, Viral

Reference: BUMEDINST 6320.1 series

Prerequisites: None

Certifications: 3.5 Continuing Education Credits for Independent Duty Corpsman

Rates/Ranks: HMs and Medical Officers

Description: This half-day course covers the various types of contagious

hepatitides and the management of cases and contacts in shipboard and shore situations. Applicability and indications for the

and shore situations. Applicability and indications for the hepatitis vaccines and gamma globulin usage are also covered.

Availability: NEPMU-5 (1230-1530) ___NEPMU-6 (1300-1630)_

08 Dec 99 15 Nov 99 03 Apr 00 06 Apr 00 10 Jan 00 10 Jul 00

15 Aug 00

B-322-2241 Tuberculosis Control Program

Reference: BUMEDINST 6224.8

Prerequisites: None
Certifications: None
Rates/Ranks: MDRs

Description: This half-day course teaches Medical Department representatives the

basic tuberculosis control program as well as the pathology of tuberculosis, its communicability, and its reporting requirements. Topics include tuberculin skin testing, current management, and

reporting procedures.

Availability: _NEPMU-5 (0730-1130)_ _NEPMU-6 (1300-1630)_

08 Dec 99 15 Aug 00 16 Nov 99 04 Apr 00 06 Apr 00 11 Jan 00 11 Jul 00

CIN_____ COURSE TITLE_

B-322-2306 Industrial Hygiene Techniques/Workplace Monitoring

Reference: OPNAVINST 5100.23 series

Prerequisites: None

Rates/Ranks:

Certifications: Two-step process: upon successful completion of course and on-the-

job training under the direction of an MTF industrial hygienist. Designated workplace monitors (civilian and military personnel)

Description: This nine-day course provides in-depth coverage of workplace health

hazards and the monitoring of these hazards using test equipment. Several laboratory and problem sessions are provided. Daily examinations will gauge student progress. Graduates become certified workplace monitors upon successful course completion and on-the-job training under the direction of an industrial hygienist. Civilian and military personnel designated as workplace monitors by

their command safety officer are eligible

Also Upon Request by e-mail at $\underline{\text{fhp@nepmu6.med.navy.mil}}$ or online at

B-322-2308 Spirometry: Pulmonary Function Screening in the Occupational

Medicine or Outpatient Setting

Reference: OPNAVINST 5100.23 series

Prerequisites: None

Certifications: Contact hours of Continuing Education Credit will be requested for

certain professional attendees. A certificate will be given to individuals successfully completing the course and passing the

exam.

Rates/Ranks: Medical personnel who implement, supervise, or conduct spriometry

testing

Description: This three-day NIOSH-approved course provides training in all areas

of spirometry screening. Included are anatomy and physiology relevant to the spirometry procedure, proper technique for obtaining and calculating valid spirometry, and the rationale behind spirometry in the occupational setting. Calibration, instrument specifications and record keeping will also be taught. Course content is presented through lectures, slides and video material. Small group participation is offered throughout the

course along with question and answer sessions. The

student/instructor ratio is no more than 5:1.

Availability: ____NEPMU-6_

23 - 25 Feb 00 26 - 28 Sep 00

Tentatively planned for summer of 2000 at Naval Hospital, Yokosuka, JP. After 01 Feb 2000, contact NEPMU-6 at fhp@nepmu6.med.navy.mil or online at http://nepmu6.med.navy.mil for the Yokosuka dates for this course.

CIN_____ COURSE TITLE_

B-322-2310 Hearing Conservation Afloat

Reference: OPNAVINST 5100.19 series, OPNAVINST 5100.23 series, NAVMEDCOMISNT

6260.5

Prerequisites: None Certifications: None

Rates/Ranks: No restrictions

Description: This half-day course teaches personnel about the health effects of

noise exposure and the Navy's hearing conservation program. Topics include hearing loss, noise hazard identification, noise control

measures, and audiology testing and off-duty noise hazards.

Availability: NEPMU-6 (0800-1130)

Upon request by e-mail at ih@nepmu6.med.navy.mil or online at

CIN_____ COURSE TITLE

B-322-2320 Heat Stress Afloat

Reference: OPNAVINST 5100.23 series, OPNAVINST 5100.19, OPNAVINST 5100.20

series

Prerequisites: None Certifications: None Rates/Ranks: HMs,

HMs, BTs, MMs, SHs, ENs, ICs, MDMAAs, CHENGs, MPAs, Medical and

Safety Officers

Description: This half-day course familiarizes personnel with the administrative

and technical aspects of the Navy's heat stress program. Topics include the health effects of heat stress, use and maintenance of

monitoring equipment, interpretation and application of

measurements, record-keeping requirements, and control measures.

Availability: NEPMU-6

Upon request by e-mail at ih@nepmu6.med.navy.mil or online at

http://nepmu6.med.navy.mil

CIN_____ COURSE TITLE

B-322-2330

Reference: Prerequisites: Certifications: Asbestos and Other Thermal Insulation, Health Effects/Control of OPNAVINST 5100.29 series, OPNAVINST 5100.23 series and NSTM Ch. 635

None None

Rates/Ranks:

 ${\tt HMs},\ {\tt HTs},\ {\tt BTs},\ {\tt MMs},\ {\tt ICs},\ {\tt MPAs},\ {\tt CHENGs},\ {\tt MPAs},\ {\tt Medical}\ {\tt and}\ {\tt Safety}$

Officers

Description: This half-day course gives a comprehensive overview of asbestos and

thermal insulation hazards and control measures. Topics include health hazards of asbestos, safe handling and disposal procedures, and proper use of protective equipment and clothing, procedures for reporting actual or suspected exposure to asbestos, medical surveillance, and association of cigarette smoking and asbestos-related diseases. Course does NOT provide hands-on rip-out training and engineering control procedures required by "Emergency Asbestos Rip-Out Team" members, but is strongly recommended to supplement their training (Fleet Asbestos Handling Training Course

(K-760-2116).

Availability: NEPMU-6

Upon request by e-mail at ih@nepmu6.med.navy.mil or online at

B-322-2332 Lead Hazards and Control Reference: OPNAVINST 5100.23 series

Prerequisites: None Certifications: None

Rates/Ranks: Personnel and supervisors of personnel who work in environments

where there is a potential for lead exposure.

Description: This half-day course is designed to provide lead workers and their

supervisors with an understanding of the health hazards associated with lead, hazard control methods and the Navy's Lead Program. The course covers a broad range of subjects dealing with lead removal

and control onboard Navy vessels. Topics include program

responsibilities, the role of Industrial Hygiene, control of lead in the workplace, personal protective equipment needed, warning signs and caution labels, personal hygiene and environmental

protection and waste disposal.

Availability: <u>NEPMU-6</u>

Upon request by e-mail at ih@nepmu6.med.navy.mil or online at

http://nepmu6.med.navy.mil

CIN COURSE TITLE

B-322-2333 Sampling and Evaluating Airborne Asbestos Dust (Navy NIOSH 582)

Reference: OPNAVINST 5100.23 series, CFR 1910.1001

Prerequisites: Personnel assigned direct responsibility for asbestos analysis.

Knowledge of algebra is required.

Certifications: Navy/NIOSH 582 completion certificate

Rates/Ranks: Personnel assigned direct responsibility for asbestos dust

analysis.

Description: This five-day Navy/National Institute for Occupational Safety and

Health (NIOSH) 582 course provides knowledge and skills necessary

to determine airborne concentrations of asbestos through

quantitative analysis using phase contrast microscopy and NIOSH fiber counting methods. Course covers hands-on training analysis of field samples to ensure familiarity with the analytical method

and equipment used.

Availability: ___NEPMU-6___

6 - 10 Mar 00 (Naval Hospital, Guam)

Also Upon request by e-mail at $\underline{\text{fhp@nepmu6.med.navy.mil}}$ or online at

B-322-2334 Analysis of Bulk Asbestos Samples

Reference: OPNAVINST 5100.23 series

Prerequisites: Assignment to direct responsibility for analysis of bulk material

to determine asbestos content. Familiarization with the method and

on-the-job experience are helpful.

Certifications: None

Rates/Ranks: Personnel assigned direct responsibility for asbestos analysis.

Description: This five-day course teaches skills and knowledge to identify

asbestos in bulk sample materials. Course includes operation and optimization of the polarizing microscope and hands-on training and

analysis of "real world" samples.

Availability: NEPMU-5 (0730-1530) ____NEPMU-6_

To be determined 13 - 17 Mar 00 (Naval Hospital, Guam)

Also Upon request by e-mail at

fhp@nepmu6.med.navy.mil or online at

http://nepmu6.med.navy.mil

CIN_____ COURSE TITLE

B-322-2340 Respiratory Protection, Fundamentals of

NEPMUs no longer offer this course. NAVOSH and Environmental Training Center provides a two-day Respiratory Protection Officer Course, (A-4J-0082). For quotas or additional information contact:

NAVOSH and Environmental Training Center, Norfolk, VA

DSN: 565-8778

Comm: (757) 445-8778 FAX: (757) 445-0456

CIN_____ COURSE TITLE_

B-322-2351 Respiratory Protection Program: Fundamentals and Program Management

NEPMUs no longer offer this course. NAVOSH and Environmental Training Center provides a two-day Respiratory Protection Officer Course, (A-4J-0082). For quotas or additional information contact:

NAVOSH and Environmental Training Center, Norfolk, VA

DSN: 565-8778

Comm: (757) 445-8778 FAX: (757) 445-0456

B-322-2365 Hazardous Material Awareness/Control

Reference: OPNAVINST 5100.19 series, OPNAVINST 5100.23 series, and NAVSUPINST

5100.27

Prerequisites: None Certifications: None

Rates/Ranks: Newly appointed Safety Officers, Safety Petty Officers and MDRs

Description: This half-day course provides a general introduction to hazardous

material control. Topics include setting up hazardous material control programs, the hazard communication standard, general hazard

awareness, hazardous material storage, and hazardous material

training requirements.

Availability: NEPMU-6

Upon request by e-mail at ih@nepmu6.med.navy.mil or online at

http://nepmu6.med.navy.mil

CIN_____ COURSE TITLE_

B-322-2503 Water Analysis Membrane Filter Technique and ONPG-MUG Test

Reference: NAVMED P5010-6

Prerequisites: None
Certifications: None
Rates/Ranks: HMs

Description: This half-day course presents laboratory training in bacterial

analysis of potable water. It also covers standard methods with emphasis on membrane filter technology under laboratory and field-

operational conditions.

Availability: NEPMU-5 (1230-1530) ___NEPMU-6 (1300-1630)_

14 Oct 99 12 Oct 99 11 Apr 00 14 Apr 00 18 Jul 00 14 Jul 00

CIN_____ COURSE TITLE_

B-322-2590 Laboratory Indoctrination/Refresher

Reference: None
Prerequisites: None
Certifications: None
Rates/Ranks: HMs

Description: This week-long series of courses is designed as a basic review or

indoctrination to shipboard MDRs on the laboratory sciences of bacterial analysis of water and diagnosis of infectious diseases endemic to WESTPAC areas. Basic lab technicians and/or independent duty corpsmen responsible for performing lab tests and with little

experience are encouraged to attend.

Availability: NEPMU-5 (1230-1530)

10 - 12 Jan 00 17 - 19 Jul 00

Non-CANTRAC Courses

CIN COURSE TITLE

NONE PMT/IDC Workshop

Reference: None Prerequisites: None Certifications: None

Independent Duty Corpsman, Preventive Medicine Technicians and Rates/Ranks:

General Duty Corpsman

Description: A full day workshop which provides update information on Preventive

> Medicine issues to the fleet PMT/IDC community. Topics include Pest Management, Environmental Health, Industrial Hygiene and Epidemiology. Career development and CEHT/REHS certification will also be discussed. The workshop represents an opportunity for

discussion of current topics/networking.

Availability: NEPMU-5 (0730-1530) NEPMU-6

> 18 Nov 99 Dates to be determined, see page 1 of 26 Jul 00

this catalog for point of contact

(POC) information

CIN COURSE TITLE

NONE Operational Preventive Medicine Course

Reference: None Prerequisites: None Certifications: None

Physicians, Nurses, Environmental Health Officers, Independent Duty Rates/Ranks:

Corpsman and Preventive Medicine Technicians (E6 and above)

This two week course identifies mission critical public health Description:

concerns in operational settings with an emphasis on planning and practical management of Preventive Medicine operations from predeployment through post-deployment. Expert guest speakers as well

as staff specialists present topics including epidemiology,

international health care issues, field medical entomology as well as chemical/biological warfare, industrial hygiene concerns during operational deployment, lessons learned from prior armed conflicts, pre-deployment planning and post deployment after action reporting.

A two-day field exercise at Camp Pendleton, CA will provide

additional field training skills.

NEPMU-5 (0730-1630) Availability:

12 - 23 Jun 00

NONE Introduction to Medical Management of Chemical, Biological,

Radiological, and Environmental Casualties Course

Reference: None Prerequisites: None Certifications: None

Rates/Ranks: No restrictions

This one-day course covers a brief history of CBR incidents and current threat, agent characteristics, clinical effects, medical

management, triage, and decontamination.

Availability: NEPMU-6

Upon request by e-mail at ih@nepmu6.med.navy.mil or online at

http://nepmu6.med.navy.mil

CIN_____ COURSE TITLE_

NONE Medical Management of Chemical, Biological, Radiological and

Environmental Casualties Course

Reference: None Prerequisites: None

Certifications: 22 Continuing Education Credits for licensed practitioners. Course

also qualifies for continuing education training for Emergency

Medical Technicians at all levels.

Rates/Ranks: No restrictions

This three day course covers a brief history of CBR incidents and current threat, agent characteristics, toxicodynamics, clinical effects, differential diagnosis, medical management, triage,

decontamination and return to duty.

Availability: NEPMU-5 (0730-1630) NEPMU-6

30 Nov - 02 Dec 99

Upon request by e-mail at ih@nepmu6.med.navy.mil

23 - 25 May 00 12 - 14 Sep 00

CIN COURSE TITLE

NONE Malaria Prevention and Control for Field Operations in SE Asia

Reference: None
Prerequisites: None
Certifications: None

Rates/Ranks: No restrictions

Description: A two-hour refresher for health care providers of all levels which

focuses on the measures needed to prevent malaria in personnel

working in field conditions in Southeast Asia, including

chemoprophylaxis and personal protective measures.

Availability: <u>NEPMU-6</u>

Upon request by e-mail at epidemiology@nepmu6.med.navy.mil or

online at http://nepmu6.med.navy.mil

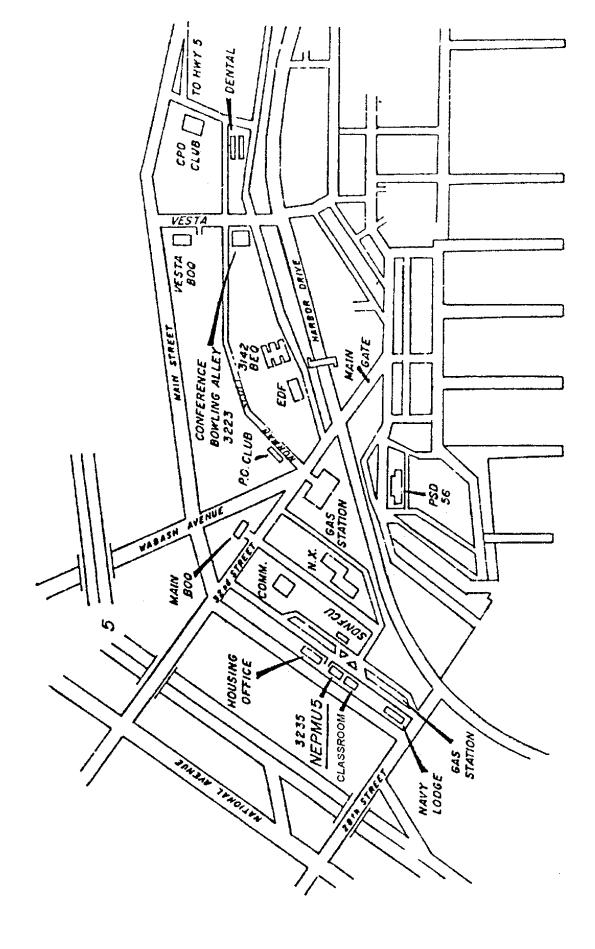
revenerve medicine and occupational nearth framing courses if of

Additional Resources

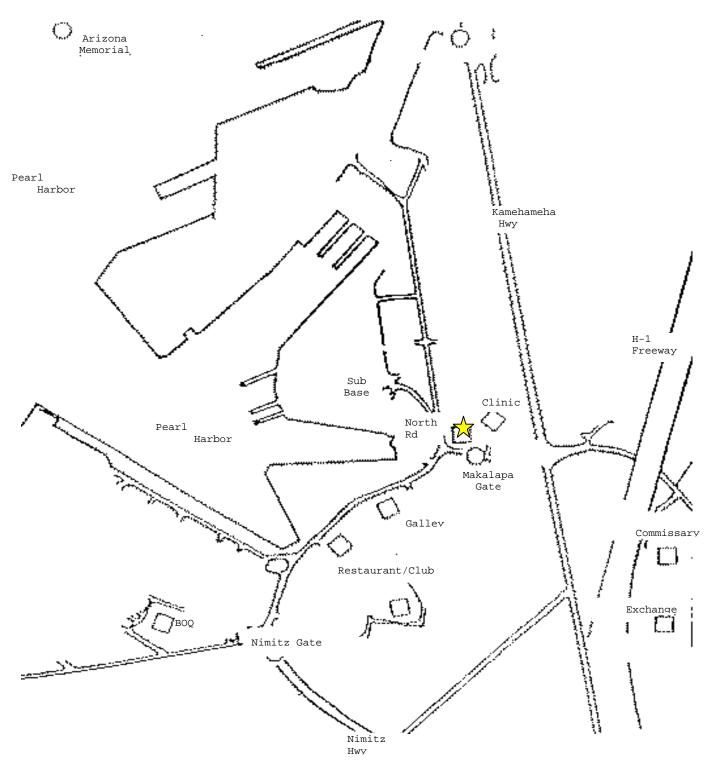
You may contact the following commands for further information concerning additional training:

1.	Branch Medical Clinic, Iwakuni, JA	Comm: DSN:	011-81-6117-53-3419 253-3419
2.	Naval Hospital, Lemoore, CA	Comm: DSN:	(209) 998-4376 949-4376
3.	Naval Hospital, Pendleton, CA	Comm: DSN:	(619) 725-3652 365-1233
4.	Naval Medicine Clinic, Port Hueneme, CA	Comm: DSN:	(805) 982-6349 551-6349
5.	Naval Hospital, Bremerton, WA	Comm: DSN:	(206) 479-9555 439-9555
6.	Naval Hospital, Guam	Comm: DSN:	(671) 339-2189 339-2189
7.	Naval Hospital, Okinawa, JA	DSN:	(315) 643-7808
8.	Naval Hospital, Yokosuka, JA	Comm: DSN	011-81-0468-26-1911 243-7521/5037
9.	Naval Medical Clinic, Pearl Harbor, HI		
	• Industrial Hygiene	Comm: DSN:	(808) 474-4242 474-4242
	 Preventive Medicine 	Comm:	(808) 471-2212
	• Preventive Medicine (Training)	Comm: DSN:	(808) 474-9170 (315(474-9170
	• Training Dept (Makalapa)	Comm:	(808) 473 4410/1880 Ext. 260/261
		DSN:	(315) 473-4410/1880 Ext. 260/261

NAVY ENVIRONMENTAL & PREVENTIVE MEDICINE UNIT FIVE NAVAL STATION, SAN DIEGO, CA. 92136



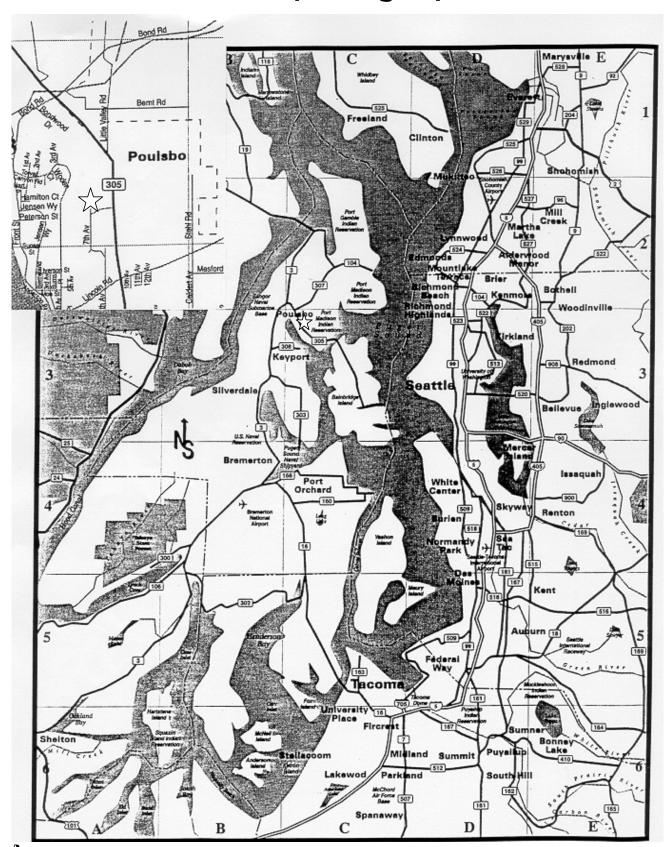
Navy Environmental and Preventive Medicine Unit Six 1215 North Road Pearl Harbor, HI 96860-4477





NEPMU-6, Bldg 1535. Corner of Makalapa Road and North Road, $\frac{1}{2}$ block inside the Makalapa Gate.

NDVECC, Bangor, WA



NDVECC, North Sound Bank Bldg, Suite 201. Take the WA-305 South ramp towards POULSBO/BAINBRIDGE ISLAND. Keep RIGHT at fork in ramp and merge onto SR-305. At fourth light take a RIGHT. At 4-way stop take a right. The North Sound Bank is the last building on the right.

October 1999

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
			B-322-2120 SD	B-322-2503 SD		
		B-322-2503 PH		B-322-2203 SD		
17	18	19	20	21	22	23
	B-322-1075 SD	B-322-2101 SD				
	_	D-322-2101 SD	B-322-1	074 WA		ì
24	25	26	27	28	29	30
_ '						
			D 222 2101 DI			
			B-322-2101 PH B-322-1075 WA			
31			L.			
		Septemb			November	
		S M T W 7	2 3 4	1	T W T F S 2 3 4 5 6	
		5 6 7 8 12 13 14 15 1 19 20 21 22 2	16 17 18 23 24 25	14 15 21 22	9 10 11 12 13 16 17 18 19 20 23 24 25 26 27	
		26 27 28 29 3	30	28 29	30	
	J					

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

November 1999

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5 B-322-2210 SD	6
			B-322-1	1074 PH	B-322-2209 SD	
7	8	9	10	11	12	13
		-	2220 SD			
14	15	16	17	18	19	20
	B-322-2240 PH	B-322-2241 PH B-322-2203 PH B-322-2101 SD	B-322-2221 PH B-322-2220 PH	PMT/IDC SD B-322-2210 PH B-322-2209 PH		
21	22	23	24	25	26	27
28	29	CBRE SD	<u>S M T</u>	ctober W T F S	Decem S M T W 1 5 6 7 8 12 13 14 15 19 20 21 22 26 27 28 29	T F S 2 3 4 9 10 11 16 17 18 23 24 25

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

December 1999

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November	. 99	January 00	1	2	3	4
S M T W 7 1 2 3 7 8 9 10 1 14 15 16 17 1 21 22 23 24 2 28 29 30	F S S N	1 W 1 F 3 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29				
			CBR	E SD		
5	6	7	8	9	10	11
	B-322-1075 SD		B-322-2241 SD B-322-2240 SD			
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

January 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
			B-322-1075 WA			
9	10 B-322-2240 PH	11 B-322-2241 PH B-322-2203 PH	12 B-322-2221 PH B-322-2220 PH	13	14	15
		B-322-2590 SD B-322-2101 SD	B-322-1	B-322-2210 PH B-322-2209 PH 074 WA		
16	17	18 B-322-2503 PH	B-322-2120 SD B-322-1075 PH	20	21	22
23	24	25	26	27	28	29
30	31	5 12 19	December 99 M T W T F S	1 8 5	February 00 S M T W T F 1 2 3 4 6 7 8 9 10 11 13 14 15 16 17 18 20 21 22 23 24 25 27 28 29	12 3 19

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

February 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
	B-322-1075 SD		B-322-2130 SD			
	<u> </u>		B-322-2101 PH			
13	14	15	16	17	18	19
		D 222 2202 CD				
		B-322-2203 SD B-322-2101 SD				
20	2.1		22	2.4	25	26
20	21	22	23	24	25	26
				B-322-2308 PH		
			CBRE SD	B-322-2308 FH		
				B-322-2306 PH		
27	28	29				
21	20	<i>2)</i>				
			Ja S M T	anuary WTFS	Marc S M T W	
				1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	5 6 7 8	2 3 4
			9 10 11 16 17 18 23 24 25	5 6 7 8 12 13 14 15 19 20 21 22 26 27 28 29	12 13 14 15 19 20 21 22	16 17 18 23 24 25
			30 31		26 27 28 29	30 31
	B-322-2306 PH					

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

March 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Februar S M T W 7	y Γ F S 3 4 5	April I T W T F S 4 5 6 7 8 11 12 13 14 15 18 19 20 21 22 25 26 27 28 29	[B-322-1075 WA	В-322-2306 РН	3	4
5	6	7 B-322-2101 SD	8 B-322-2333 PH	9	10	11
12	13	14	15 B-322-2334 PH	16	B-322-2210 SD B-322-2209 SD	18
19	20	21	22	23	24	25
26	27	28 B-322-2101 SD	29	30	31	

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

April 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
				-		
2	3	4	5	6	7	8
		B-322-2241 PH		B-322-2241 SD		
		B-322-2221 SD	B-322-2221 PH	B-322-2240 SD		
	B-322-2240 PH	B-322-2203 PH	B-322-2220 PH	B-322-2210 PH		
	B-322-1075 SD	-	2220 SD	B-322-2209 PH		
9	10	11	12	13	14	15
		B-322-2503 PH	B-322-2120 SD B-322-1075 PH		B-322-2503 SD	
17	17		'	20	<u>'</u>	22
16	17	18	19	20	21	22
		B-322-2101 SD				
23	24	25	26	27	28	29
43	2 7	23	20	41	20	47
			B-322-2101 PH			
30	-					
		March	T C	C M	May	
		S M T W T	2 3 4	1	T W T F S 2 3 4 5 6 9 10 11 12 13	
		12 13 14 15 16 19 20 21 22 23	5 17 18 3 24 25	14 15 21 22	16 17 18 19 20 23 24 25 26 27	
		26 27 28 29 30	51	28 29	OU 31	
	J					

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

May 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
			B-322-1075 WA			
7	8	9	10	11	12	13
			B-322-2130 SD		B-322-1	077 WA
14	15	16	<i>17</i>	18	19	20
		B-322-2101 SD	D 222 1077 W/A			<u> </u>
<u> </u>			B-322-1077 WA			
21	22	23	24	25	26	27
			CDDE CD			
	B-322-1077 WA		CBRE SD			
20		20	2.1			
28	29	30	31			
				April		June
				S M T W T	1	1 T W T F S
				2 3 4 5 6 9 10 11 12 13 16 17 18 19 20 23 24 25 26 23 30	5 7 8 4 5 3 14 15 11 12 0 21 22 18 10	6 7 8 9 10 13 14 15 16 17
				23 24 25 26 27	28 29 18 19 25 26	20 21 22 23 24 27 28 29 30

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

June 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Carracy		racouty	Wouldeday	1	2	3
S M 7 1 7 8 14 15 1 21 22 2 28 29 3	May	July S M T W 2 3 4 5 9 10 11 12 16 17 18 19 23 24 25 26 30 31	<u>T F S</u>		2	
4	5	6	7	8	9	10
	B-322-1075 SD					
11	12	13	14	15	16	17
			OPMC SD			
	<u> </u>			050 WA		
18	19	20	21	22	23	24
			OPMC SD 050 WA			
	-					
25	26	27	28	29	30	

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

July 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday 1
2	3	4	5	6	7	8
9	10 B-322-2240 PH	B-322-2241 PH B-322-2203 PH	B-322-1075 WA 12 B-322-2221 PH B-322-2220 PH B-322-2120 SD	13 B-322-2210 PH B-322-2209 PH	B-322-2203 SD 14 B-322-2503 SD	15
16	17	B-322-2503 PH B-322-2590 SD B-322-2101 SD	19 B-322-1075 PH	20	21	22
23	24	25	26 PMT/IDC SD B-322-2101 PH	27	28	29
30	31	4 11 18	June M T W T F S 5 6 7 8 9 10 12 13 14 15 16 17 19 20 21 22 23 22 26 27 28 29 30	3 0 7 4	S M T W T F 1 2 3 4 6 7 8 9 10 11 13 14 15 16 17 18 20 21 22 23 24 25 27 28 29 30 31	5 12 19

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

August 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
Jι	ıly					
	W T F S					
9 10 11 16 17 18 23 24 25 1	5 6 7 8 12 13 14 15 19 20 21 22 26 27 28 29					
30 31						
					B-322-2210 SD	
6	7	8	9	10	11	12
	B-322-1075 SD		B-322-2130 SD			
13	14	15	16	<i>17</i>	18	19
13	14	13	10	17	10	19
		B-322-2241 SD		B-322-2221 SD		
	B-322-2209 SD	B-322-2240 SD			2220 SD	
20	21	22	23	24	25	26
			B-322-1	074 WA		
27	28	29	30	31		
						ember
					S M T V	1 2 6 7 8 9
					10 11 12 1 17 18 19 2	13 14 15 16 20 21 22 23 27 28 29 30
		D 222 2101 CF			24 23 20 2	21 20 27 JU
		B-322-2101 SD				

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5

September 2000

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			-		1	2
	August		October			
-	SMTWTF	<u>S</u> 5	S M T W T F			
1	6 7 8 9 10 11 13 14 15 16 17 18	12 19	8 9 10 11 12 13 15 16 17 18 19 20	3 14) 21		
2	20 21 22 23 24 25 27 28 29 30 31	26	22 23 24 25 26 27 29 30 31	7 28		
3	4	5	6	7	8	9
3	7		U	/	0	9
			D 222 1075 WA			
10		10	B-322-1075 WA	- 1	1.5	1.5
10	11	12	13	14	15	16
			CBRE SD			
				B-322-1070 WA		
17	18	19	20	21	22	23
					B-322-	-1071 WA
	1	B-322-	1070 WA]
24	25	26	27	28	29	30
			B-322-2308 PH			
		B-322-2101 SD		R_322	1072 WA	
	B-322-1	1071 WA	1	D- 322-	10/2 WA	
,	orbor NEDMII 6		Son Diogo, NEDMI		\\\ \	

PH=Pearl Harbor, NEPMU-6

SD=San Diego, NEPMU-5